

**Registration begins February 16; classes begin March 14 unless noted otherwise within class descriptions.  
No classes March 31. To view a list of class location abbreviations, see page 2.**

## Kiwanis Park Wave Pool

**Kiwanis Recreation Center**  
**6111 S. All America Way • 480-350-5201**

Come splash and play in our indoor, heated wave pool. Rent a tube and float the waves, then enjoy an icy soda and hot pizza at Kiwani Island Concession Stand. We have a few safety rules for your visit: Children under age 8 must have an adult with them at all times. No water wings or other floatation devices permitted. The minimum height to use the water slide is 48".

### Wave Pool Hours

March 19 & 26 (Sa) 1-5 p.m.  
April 2 - May 22 (Sa/Su) 1-5 p.m.

### Special Holiday Wave Hours

May 30 Memorial Day

### Wave Pool Fees

13 yrs+ \$7  
2-12 yrs \$5

### Mid-Day Wave Hours & Rates

3-5 p.m. (During Wave Days, Only)

13 yrs+ \$5  
2-12 yrs \$4

\*No other discounts may be used with this discount.

### Lap Swimming Hours\*

February 29-May 21

M-Th 7-10 a.m.  
M-Th 11:30 a.m. - 1:30 p.m.  
M-Th 4:30 p.m.-8 p.m.  
F 7-9 a.m.  
Sa 8-11 a.m.

\*Except during private rentals.

\*\*Beginning April 28, no Mid-Day Lap Swim until August 1.

### Lap Swim Admission Fees

13 yrs+ \$4  
2-12 yrs \$3

### Private/Semi-Private Lessons

Private and semi-private lessons are available through the Kiwanis Recreation Center. Lessons are 30-60 minutes in length. For additional information, call 480-350-5732.

**Register for Classes Online**  
**[www.tempe.gov/brochure](http://www.tempe.gov/brochure)**

## Swimming Pool Activities

### Swim Lesson General Information

The City of Tempe Community Services Department provides a progressive program for students who wish to learn or improve their swimming skills. This program is certified by the Starfish Aquatics Institute. If you have concerns regarding your child's progress or ability level, please discuss them with the instructor or pool manager.

Fees for each class must be paid at the time of registration.

A student may register for a maximum of one (1) Learn-to-Swim class at a time. A student may also register for special classes in addition to a swimming class.

Students may register for additional Learn-to-Swim classes after the second to last lesson. At the second to the last lesson of the session, the student will be provided a skill progress sheet for the class in which he/she is currently participating and information on the next appropriate class.

Current students will be permitted to register for the appropriate class by providing their skill progress sheet with their registration form.

All pre-registration activities are subject to cancellation (3) days prior to start date if minimum registration is not met.

## Swimming Lesson Program Classes

### Parent-Assisted Lessons 30-Minute Classes

#### Star Babies (8-18 mos)

This class is designed to be an infant's first introduction to water adjustment with an emphasis on parent participation/education, as well as safety skills and fun. One child per adult. Fee \$38. No Class 3/26.

47904	8-18 mos	M/W	3/21-4/6	5:35-6:05 p.m.	KRC
47905	8-18 mos	T/Th	3/22-4/7	5-5:30 p.m.	KRC
47906	8-18 mos	T/Th	3/22-4/7	5:35-6:05 p.m.	KRC
47907	8-18 mos	Sa	3/19-4/30	9-9:30 a.m.	KRC
47908	8-18 mos	Sa	3/19-4/30	9:35-10:05 a.m.	KRC

47909	8-18 mos	M/W	4/11-4/27	5:35-6:05 p.m.	KRC
47910	8-18 mos	T/Th	4/12-4/28	5-5:30 p.m.	KRC
47911	8-18 mos	T/Th	4/12-4/28	5:35-6:05 p.m.	KRC

#### Star-Tots (12-36 mos)

For children who are not ready for an independent swim program, or the child who has mastered the Parent/Tot class and is ready for more swim-readiness skills. One child per adult. Fee \$38. No Class 3/26.

47866	12-36 mos	M/W	3/21-4/6	5-5:30 p.m.	KRC
47867	12-36 mos	M/W	3/21-4/6	6:10-6:40 p.m.	KRC
47868	12-36 mos	T/Th	3/22-4/7	5:35-6:05 p.m.	KRC
47869	12-36 mos	T/Th	3/22-4/7	6:10-6:40 p.m.	KRC
47870	12-36 mos	Sa	3/19-4/30	9:35-10:05 a.m.	KRC
47871	12-36 mos	Sa	3/19-4/30	10:10-10:40 a.m.	KRC
47872	12-36 mos	Sa	3/19-4/30	10:45-11:15 a.m.	KRC
47873	12-36 mos	M/W	4/11-4/27	5-5:30 p.m.	KRC

# Aquatics

47874	12-36 mos	M/W	4/11-4/27	6:10-6:40 p.m.	KRC
47875	12-36 mos	T/Th	4/12-4/28	5:35-6:05 p.m.	KRC
47876	12-36 mos	T/Th	4/12-4/28	6:10-6:40 p.m.	KRC

## Sea-Stars (2-4 yrs)

For preschool children who are not ready for an independent swim lesson program, but are ready for more advanced skills. In this class the parent will help prepare the child through various activities to become more independent in the water as well as working on locomotion and safety skills. One child per adult. Fee: \$38. No Class 3/26.

47861	2-4 yrs	M/W	3/21-4/6	5-5:30 p.m.	KRC
47862	2-4 yrs	T/Th	3/22-4/7	6:10-6:40 p.m.	KRC
47863	2-4 yrs	Sa	3/19-4/30	10:45-11:15 a.m.	KRC
47864	2-4 yrs	M/W	4/11-4/27	5-5:30 p.m.	KRC
47865	2-4 yrs	T/Th	4/12-4/28	6:10-6:40 p.m.	KRC

## Swim School Preschool-Age Lessons (Suggested Ages: 3-6 yrs) 30-Minute Classes

## Shrimps

For children who are ready to participate in an aquatic class on their own. Emphasis on basic water adjustment, breath control, and floating. Blow bubbles, fully submerge unassisted; front and back float with support and assisted rolling over from front to back and back to front. Assisted streamline on front and back. Fee: \$38. No Class 3/26.

47986	3-6 yrs	M/W	3/21-4/6	5-5:30 p.m.	KRC
47987	3-6 yrs	M/W	3/21-4/6	5:35-6:05 p.m.	KRC
47988	3-6 yrs	M/W	3/21-4/6	6:10-6:40 p.m.	KRC
47989	3-6 yrs	M/W	3/21-4/6	6:45-7:15 p.m.	KRC
47990	3-6 yrs	T/Th	3/22-4/7	5-5:30 p.m.	KRC
47991	3-6 yrs	T/Th	3/22-4/7	5:35-6:05 p.m.	KRC
47992	3-6 yrs	T/Th	3/22-4/7	6:45-7:15 p.m.	KRC
47993	3-6 yrs	Sa	3/19-4/30	9-9:30 a.m.	KRC
47994	3-6 yrs	Sa	3/19-4/30	9:35-10:05 a.m.	KRC
47995	3-6 yrs	Sa	3/19-4/30	10:10-10:40 a.m.	KRC
47996	3-6 yrs	Sa	3/19-4/30	10:45-11:15 a.m.	KRC
47997	3-6 yrs	M/W	4/11-4/27	5-5:30 p.m.	KRC
47998	3-6 yrs	M/W	4/11-4/27	5:35-6:05 p.m.	KRC
47999	3-6 yrs	M/W	4/11-4/27	6:10-6:40 p.m.	KRC
47800	3-6 yrs	M/W	4/11-4/27	6:45-7:15 p.m.	KRC
47801	3-6 yrs	T/Th	4/12-4/28	5-5:30 p.m.	KRC
47802	3-6 yrs	T/Th	4/12-4/28	5:35-6:05 p.m.	KRC
47803	3-6 yrs	T/Th	4/12-4/28	6:45-7:15 p.m.	KRC

## Tadpoles

Prerequisite skills: Jump in, roll on back for 5 seconds. Focus: is on forward movement and directional change. Participants will focus on assisted streamline on front and back with and without kicks. They will learn how to jump in, recover for air, swim forward for 10 feet, change direction on their own and swim back to the wall. Fee: \$38. No Class 3/26.

48004	3-6 yrs	M/W	3/21-4/6	5:35-6:05 p.m.	KRC
48005	3-6 yrs	M/W	3/21-4/6	6:10-6:40 p.m.	KRC
48006	3-6 yrs	T/Th	3/22-4/7	6:10-6:40 p.m.	KRC
48007	3-6 yrs	T/Th	3/22-4/7	6:45-7:15 p.m.	KRC
48008	3-6 yrs	Sa	3/19-4/30	9:35-10:05 a.m.	KRC
48009	3-6 yrs	Sa	3/19-4/30	10:10-10:40 a.m.	KRC
48010	3-6 yrs	M/W	4/11-4/27	5:35-6:05 p.m.	KRC
48011	3-6 yrs	M/W	4/11-4/27	6:10-6:40 p.m.	KRC
48012	3-6 yrs	T/Th	4/12-4/28	6:10-6:40 p.m.	KRC
48013	3-6 yrs	T/Th	4/12-4/28	6:45-7:15 p.m.	KRC

## Guppies

Prerequisite skills: Jump in and swim 10ft. and return; back glide 10 ft. Focus: Rotary movement. Participants will work on body positioning for freestyle, unassisted front and back streamline, and treading water. Fee: \$38. No Class 3/26.

47928	3-6 yrs	M/W	3/21-4/6	5:35-6:05 p.m.	KRC
47929	3-6 yrs	M/W	3/21-4/6	6:10-6:40 p.m.	KRC
47930	3-6 yrs	T/Th	3/22-4/7	6:10-6:40 p.m.	KRC
47931	3-6 yrs	Sa	3/19-4/30	10:10-10:40 a.m.	KRC
47932	3-6 yrs	Sa	3/19-4/30	10:45-11:15 a.m.	KRC
47933	3-6 yrs	M/W	4/11-4/27	5:35-6:05 p.m.	KRC
47934	3-6 yrs	M/W	4/11-4/27	6:10-6:40 p.m.	KRC
47935	3-6 yrs	T/Th	4/12-4/28	6:10-6:40 p.m.	KRC

## Minnows

Prerequisite skills: Tread water 15 seconds, Jump in and recover to side glide position and kick 10 feet. Focus: Integrated movement and freestyle. Participants will start to develop freestyle with correct body positioning and breathing, start the progression of backstroke. Fee: \$38. No Class 3/26.

47942	3-6 yrs	M/W	3/21-4/6	5:35-6:05 p.m.	KRC
47943	3-6 yrs	T/Th	3/22-4/7	5-5:30 p.m.	KRC
47944	3-6 yrs	Sa	3/19-4/30	9-9:30 a.m.	KRC
47945	3-6 yrs	M/W	4/11-4/27	5:35-6:05 p.m.	KRC
47946	3-6 yrs	T/Th	4/12-4/28	5-5:30 p.m.	KRC

## Swim School School Age Lessons (Suggested Ages: 6 yrs+) 30-Minute Classes

## Sea Otter

For children who are ready to participate in an aquatic class on their own. Emphasis on basic water adjustment, breath control, and floating. Blow bubbles, fully submerge unassisted; front and back float with support. Assisted rolling over from front to back and back to front. Assisted streamline on front and back. Fee: \$38. No Class 3/26.

47965	6 yrs+	M/W	3/21-4/6	5-5:30 p.m.	KRC
47966	6 yrs+	T/Th	3/22-4/7	5-5:30 p.m.	KRC
47967	6 yrs+	T/Th	3/22-4/7	6:10-6:40 p.m.	KRC
47968	6 yrs+	Sa	3/19-4/30	9-9:30 a.m.	KRC
47969	6 yrs+	Sa	3/19-4/30	10:10-10:40 a.m.	KRC
47970	6 yrs+	M/W	4/11-4/27	5-5:30 p.m.	KRC
47971	6 yrs+	T/Th	4/12-4/28	5-5:30 p.m.	KRC
47972	6 yrs+	T/Th	4/12-4/28	6:10-6:40 p.m.	KRC

## Sea Horse

Prerequisite skills: Jump in, roll on back for 5 seconds. Focus: on forward movement and direction change. Participants will focus on assisted streamline on front and back with and without kicks. They will learn how to jump in, recover for air, swim forward for 10 feet, change direction on their own and swim back to the wall. Fee: \$38. No Class 3/26.

47952	6 yrs+	M/W	3/21-4/6	5-5:30 p.m.	KRC
47953	6 yrs+	M/W	3/21-4/6	6:10-6:40 p.m.	KRC
47954	6 yrs+	T/Th	3/22-4/7	6:10-6:40 p.m.	KRC
47955	6 yrs+	Sa	3/19-4/30	9-9:30 a.m.	KRC
47956	6 yrs+	Sa	3/19-4/30	9:35-10:05 a.m.	KRC
47957	6 yrs+	M/W	4/11-4/27	5-5:30 p.m.	KRC
47958	6 yrs+	M/W	4/11-4/27	6:10-6:40 p.m.	KRC
47959	6 yrs+	T/Th	4/12-4/28	6:10-6:40 p.m.	KRC

## Sea Turtle

Prerequisite skills: Jump in and swim 10ft. and return; back glide 10 ft. Focus: Rotary movement. Participants will work on body positioning for freestyle, unassisted front and back streamline and treading water. Fee: \$38. No Class 3/26.

47973	6 yrs+	M/W	3/21-4/6	5-5:30 p.m.	KRC
47974	6 yrs+	M/W	3/21-4/6	6:45-7:15 p.m.	KRC
47975	6 yrs+	T/Th	3/22-4/7	5-5:30 p.m.	KRC
47976	6 yrs+	Sa	3/19-4/30	10:10-10:40 a.m.	KRC
47977	6 yrs+	Sa	3/19-4/30	10:45-11:15 a.m.	KRC

47978	6 yrs+	M/W	4/11-4/27	5-5:30 p.m.	KRC
47979	6 yrs+	M/W	4/11-4/27	6:45-7:15 p.m.	KRC
47980	6 yrs+	T/Th	4/12-4/28	5-5:30 p.m.	KRC

## Sea Lion

Prerequisite skills: Tread water 15 seconds, Jump in and recover to side glide position and kick 10 feet. Focus: Integrated movement and freestyle. Participants will start to develop freestyle with correct body positioning and breathing, start the progression of backstroke. Fee: \$38. No Class 3/26.

47960	6 yrs+	M/W	3/21-4/6	6:45-7:15 p.m.	KRC
47961	6 yrs+	T/Th	3/22-4/7	5-5:30 p.m.	KRC
47962	6 yrs+	Sa	3/19-4/30	10:10-10:40 a.m.	KRC

47963	6 yrs+	M/W	4/11-4/27	6:45-7:15 p.m.	KRC
47964	6 yrs+	T/Th	4/12-4/28	5-5:30 p.m.	KRC

## Stroke School (Suggested Ages 6 yrs+) 30-Minute Classes

## Dolphin

Prerequisite skills: Jump In, swim 30 feet freestyle with rhythmic breathing. Focus: Freestyle and Backstroke with an introduction to Butterfly. Participants will work on stroke mechanics of freestyle and backstroke, introduction to butterfly body motion. Fee: \$38. No Class 3/26.

47918	6 yrs+	M/W	3/21-4/6	6:10-6:40 p.m.	KRC
47919	6 yrs+	M/W	3/21-4/6	6:45-7:15 p.m.	KRC
47920	6 yrs+	T/Th	3/22-4/7	5:35-6:05 p.m.	KRC
47921	6 yrs+	T/Th	3/22-4/7	6:45-7:15 p.m.	KRC
47922	6 yrs+	Sa	3/19-4/30	9-9:30 a.m.	KRC
47923	6 yrs+	Sa	3/19-4/30	10:45-11:15 a.m.	KRC

47924	6 yrs+	M/W	4/11-4/27	6:10-6:40 p.m.	KRC
47925	6 yrs+	M/W	4/11-4/27	6:45-7:15 p.m.	KRC
47926	6 yrs+	T/Th	4/12-4/28	5:35-6:05 p.m.	KRC
47927	6 yrs+	T/Th	4/12-4/28	6:45-7:15 p.m.	KRC

## Manta Ray

Prerequisite skills: Swim 30 feet of freestyle and 30 feet of backstroke. Focus: Participants will focus on the stroke mechanics of butterfly. Fee: \$38. No Class 3/26.

47936	6 yrs+	M/W	3/21-4/6	5:35-6:05 p.m.	KRC
47937	6 yrs+	T/Th	3/22-4/7	5:35-6:05 p.m.	KRC
47938	6 yrs+	Sa	3/19-4/30	9:35-10:05 a.m.	KRC
47939	6 yrs+	Sa	3/19-4/30	10:45-11:15 a.m.	KRC

47940	6 yrs+	M/W	4/11-4/27	5:35-6:05 p.m.	KRC
47941	6 yrs+	T/Th	4/12-4/28	5:35-6:05 p.m.	KRC

## Shark

Prerequisite skills: Swim butterfly for 10yds  
Focus: Participants will focus on the stroke mechanics of breaststroke. Fee: \$38. No Class 3/26.

47981	6 yrs+	M/W	3/21-4/6	6:45-7:15 p.m.	KRC
47982	6 yrs+	T/Th	3/22-4/7	6:45-7:15 p.m.	KRC
47983	6 yrs+	Sa	3/19-4/30	9:35-10:05 a.m.	KRC

47984	6 yrs+	M/W	4/11-4/27	6:45-7:15 p.m.	KRC
47985	6 yrs+	T/Th	4/12-4/28	6:45-7:15 p.m.	KRC

## Orca

Prerequisite skills: Swim 30 feet of Breaststroke  
Focus: Participants will build endurance. By the end of the class, participants should be swimming a minimum 50 yards of freestyle, backstroke, and breaststroke; 25 yards of butterfly and be able to do flip turns and open turns. Fee: \$38. No Class 3/26.

47947	6 yrs+	M/W	3/21-4/6	6:45-7:15 p.m.	KRC
47948	6 yrs+	T/Th	3/22-4/7	6:45-7:15 p.m.	KRC
47949	6 yrs+	Sa	3/19-4/30	9-9:30 a.m.	KRC

47950	6 yrs+	M/W	4/11-4/27	6:45-7:15 p.m.	KRC
47951	6 yrs+	T/Th	4/12-4/28	6:45-7:15 p.m.	KRC

## Adult Lessons 30-Minute Classes

## Adult Beginner

Prerequisite 15 yrs+. Class is designed for adults who wish to learn to swim and will be geared to meet the needs of individuals. Emphasis is on adapting to the water and introduction to freestyle, back float, and safety skills. Fee: \$38.

47885	15 yrs+	M/W	3/21-4/6	7:20-7:50 p.m.	KRC
47886	15 yrs+	T/Th	3/22-4/7	7:20-7:50 p.m.	KRC

47887	15 yrs+	M/W	4/11-4/27	7:20-7:50 p.m.	KRC
47888	15 yrs+	T/Th	4/12-4/28	7:20-7:50 p.m.	KRC

## Adult Intermediate

Prerequisite 15yrs+. Class is designed for adults who have mastered the beginner skills and can swim 25 yards using freestyle. Will introduce backstroke and breaststroke. Fee: \$38.

47877	15 yrs+	M/W	3/21-4/6	7:20-7:50 p.m.	KRC
47878	15 yrs+	T/Th	3/22-4/7	7:20-7:50 p.m.	KRC

47879	15 yrs+	M/W	4/11-4/27	7:20-7:50 p.m.	KRC
47880	15 yrs+	T/Th	4/12-4/28	7:20-7:50 p.m.	KRC

## Adult Stroke Improvement

Prerequisite 15 yrs+. Class is designed to improve upon and refine current skills rather than teach strokes. Fee: \$38.

47881	15 yrs+	M/W	3/21-4/6	7:20-7:50 p.m.	KRC
47882	15 yrs+	T/Th	3/22-4/7	7:20-7:50 p.m.	KRC

47883	15 yrs+	M/W	4/11-4/27	7:20-7:50 p.m.	KRC
47884	15 yrs+	T/Th	4/12-4/28	7:20-7:50 p.m.	KRC

# Aquatics

## Adult Fitness

Registration now available for water exercise classes.  
Classes are 60-minutes.  
Monthly fee varies, \$7 Drop-in per class.

### Shallow Water Exercise

Walking, running, jumping and a variety of aerobic movements are performed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning, and cool-down. \*No Class 5/30. Beginning May 2nd, classes will begin at 8 a.m.

47892	15 yrs+	M	4/4-4/25	8:30-9:30 a.m.	KRC	\$20
47893	15 yrs+	T	4/5-4/26	8:30-9:30 a.m.	KRC	\$20
47894	15 yrs+	W	4/6-4/27	8:30-9:30 a.m.	KRC	\$20
47895	15 yrs+	Th	4/7-4/28	8:30-9:30 a.m.	KRC	\$20
47896	15 yrs+	M	4/4-4/25	5:30-6:30 p.m.	KRC	\$20
47897	15 yrs+	W	4/6-4/27	5:30-6:30 p.m.	KRC	\$20
47898	15 yrs+	M	5/2-5/23*	8-9 a.m.	KRC	\$20
47899	15 yrs+	T	5/3-5/31	8-9 a.m.	KRC	\$25
47900	15 yrs+	W	5/4-5/25	8-9 a.m.	KRC	\$20
47901	15 yrs+	Th	5/5-5/26	8-9 a.m.	KRC	\$20
47902	15 yrs+	M	5/2-5/23*	5:30-6:30 p.m.	KRC	\$20
47903	15 yrs+	W	5/4-5/25	5:30-6:30 p.m.	KRC	\$20

### Transitional Water Exercise

Challenge yourself to the next level of physical fitness. This non-impact class is performed in the deeper water and incorporates muscular strengthening aerobic conditioning and abdominal training exercises. A variety of equipment is used for buoyancy and water resistance. Participants have the option of working in deep or shallow water. Drop-in fee \$7 per class.

47913	15 yrs+	T	4/5-4/26	6:40-7:40 p.m.	KRC	\$20
47914	15 yrs+	Th	4/7-4/28	6:40-7:40 p.m.	KRC	\$20
47915	15 yrs+	T	5/3-5/31	6:40-7:40 p.m.	KRC	\$25
47916	15 yrs+	Th	5/5-5/26	6:40-7:40 p.m.	KRC	\$20

### Aquatics High Intensity Interval Training (H.I.I.T)

All levels High Intensity Interval Training class providing a high cardiovascular workout with low impact on joints. It's the ideal way to cross-train from your high impact/hard-hitting land workouts and still get a great cardio and strength session. Push through the water and not just float your way through it. So get in try some plyometric squats, round house kicks and speed bag punches. If you can't stay afloat, use a noodle for support behind your back. Drop in fee \$7 per class.

47890	15 yrs+	Sa	4/2-4/30	9-10 a.m.	KRC	\$25
47891	15 yrs+	Sa	5/7-5/28	9-10 a.m.	KRC	\$20

### Unlimited Water Fitness Program

Looking for a more flexible schedule to take a water fitness class? Sign up for the monthly unlimited water fitness program and create your own schedule with any of the classes offered during the calendar month. If you like water fitness and need a flexible class schedule, this is the program for you! Opportunities include Shallow Water, Transitional and H.I.I.T. classes. \*No Class 5/30. Monthly Fee: \$51. 480-350-5201

48014	15yrs+	M-Th & Sa	4/1-4/30	8:30 a.m.-7:40 p.m.	KRC	
48015	15yrs+	M-Th & Sa	5/2-5/31*	8:30 a.m.-7:40 p.m.	KRC	

## Adult Fitness



**American  
Red Cross**

*Together, we can save a life*

### American Red Cross Lifeguard Training

This is certification course for individuals who are interested in Lifeguarding. The course will include First Aid, CPR, as well as Lifeguard Training. Must be 15 years of age and be able to perform the swimming skills necessary to complete the course requirements. Fee: \$130. 480-350-5201

#### Class Dates: 1/21-2/5

47245	15 yrs+	Th	1/21, 1/28, 2/4	5:30-9:30 p.m.	KRC
	15 yrs+	F	1/22, 1/29, 2/5	5:30-9:30 p.m.	KRC
	15 yrs+	Sa	1/23, 1/30	8 a.m.-5 p.m.	KRC

#### Class Dates: 3/7-3/11

47246	15 yrs+	M-F	3/7-3/11	8 a.m.-5 p.m.	KRC
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#### Class Dates: 3/16-4/1

47247	15 yrs+	W	3/16, 3/23, 3/30	5:30-9:30 p.m.	KRC
	15 yrs+	F	3/18, 3/25, 4/1	5:30-9:30 p.m.	KRC
	15 yrs+	Sa	3/19, 3/26	8 a.m.-5 p.m.	KRC

### American Red Cross Lifeguard Training Review

This is a review course for individuals who currently hold an American Red Cross Lifeguard certification. The course will include a recertification for First Aid, CPR, and Lifeguard Training. Must be able to perform the precourse swimming skills, course requirement skills and the pass the written tests to receive recertification certificate. This certification is valid for 2 years. Fee: \$65. 480-350-5201

47889	15 yrs+	F	3/11	1-5 p.m.	KRC
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### Starfish Swim Instructor

Swim instructor candidates will receive the training needed to teach courses in the SAI Starfish Swim Instructor Program. Candidates will learn how to help students develop correct stroke technique; develop an understanding of how to teach students at different levels, and water safety techniques. Course Prerequisites: Must be 16 years old and have a basic knowledge of the swimming strokes. Fee: \$130. 480-350-5201

#### Class Dates: 2/21-3/13

47269	16 yrs+	W	2/25, 3/4, 3/11	5:30-8:30 p.m.	KRC
	16 yrs+	F	2/27, 3/6, 3/13	5:30-10 p.m.	KRC
	16 yrs+	Sa	2/21, 2/28	8 a.m.-5 p.m.	KRC

**Check Out Upcoming Events!**

**[www.tempe.gov/familyfun](http://www.tempe.gov/familyfun)**